Violet Flame Manual

By

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For centuries Alchemists have sought to change base metals into gold. But the transmutation of metals like lead into gold is symbolic of a higher more noble alchemy, the alchemy of self-transformation. Self-transformation was the goal of the most spiritual of alchemists. They sought a way to change the lead of negative human energy into the gold of divine energy, and some of them achieved this by using the violet flame. But first, let's explore what the violet flame is, what it does and how it works.

The colour violet has long been associated with spirituality. Having the highest frequency in the visible spectrum, violet is at the point of transition to the next octave of light. To the ancients, this transcendental colour was a spiritual rather than a physical phenomenon. Saints and adepts throughout the ages have known how to use the violet flame, but it was only released to the public in the early 20th century by an Ascended Master called Saint Germain.

What is an Ascended Master?

Ascended masters are enlightened spiritual beings who once lived on earth as we do now. Over the course of many various lifetimes they fulfilled their divine mission, and ascended back to the divine source, thus reuniting with the Divine Spirit. They now dwell in the ethereal octave, and have bodies of light, because of this they are sometimes called ‘light beings’. They come from every era, culture and religion that has evolved on Earth and are united “Great White Brotherhood.” (The term “white” refers to the Divine white light surrounding their forms.) Ascended beings are free of any negative karma so they can choose wherever in the universe they would like to serve, they may some have chosen to stay connected with souls on earth so they can guide them on their path of development. The Masters are teachers of mankind and direct the spiritual evolution of anyone who desires to reunite with the Divine life force. The ascended masters work with mankind to guide us on the way to peace, truth and enlightenment, some have spiritual retreats in the ethereal octave (think of this as Earths Aura). We can go to these retreats in our spiritual bodies while we meditate or sleep. The ascended masters working most closely with mankind are called “chohans of the rays.”

A Synopsis of the Incarnations of St Germain

St Germain has been Embodied as:

- Ruler of a Golden Age civilization in the area of the Sahara Desert 70,000 years ago.
- High priest on Atlantis approximately 13,000 years ago, serving in the Order of Lord Zadkiel in the Temple of Purification, located where the island of Cuba now is Prophet Samuel, 11th century B.C. Religious leader in Israel who served as prophet, priest, and last of the Hebrew judges.
- Plato, 427 - 347 B.C., Greece. He studied with students of Pythagoras in Crotona and scholars in Egypt. He established his own school of philosophy at the Academy in Athens.
- Saint Joseph, 1st century A.D., Nazareth. Husband of Mary and Guardian of Jesus.
- Saint Alban, late 3rd or early 4th century A.D., town of Verulamium, renamed St. Albans, Hertfordshire, England. He was the first martyr in England. He had sheltered a fugitive priest, became a devout convert to Christianity, and was put to death for disguising himself as the priest so he could die in his place.
Hesiod, circa 700 B.C., Greece. Poet whose writings serve as a major source for knowledge of Greek mythology and cosmology.

Proclus, circa 410 - 485 A.D., Greece. The last major Greek Neoplatonic philosopher, who headed the Platonic Academy in Athens and wrote extensively on philosophy, astronomy, mathematics, and grammar.

Merlin, circa 5th or 6th century A.D., England. Magician and counselor at King Arthur's Camelot who inspired the establishment of the Order of the Knights of the Round Table.

Roger Bacon, circa 1220 - 1292 A.D., England. Philosopher, educational reformer, and experimental scientist; forerunner of modern science renowned for his exhaustive investigations into alchemy, optics, mathematics, and languages.

Organizer behind the scenes for the Secret Societies in Germany in the late 14th and early 15th centuries A.D. The creation of a fictional character named "Christian Rosenkreuz" was apparently inspired by his efforts.

Christopher Columbus, 1451 - 1506 A.D. Believed to have been born in Genoa, Italy and settled in Portugal. Discovered America in 1492 during first of four voyages to the New World sponsored by King Ferdinand and Queen Isabella of Spain.

Francis Bacon, 1561 - 1626 A.D., England. Philosopher, statesman, essayist and literary master, author of the Shakespearean plays, father of inductive science and herald of the scientific revolution. Sir Francis Bacon made it appear that he died on Easter Sunday 1626, and he even attended his own "funeral" in disguise. He traveled secretly to Transylvania (now part of Romania) to the Rakoczy Mansion, where he continued preparations for his physical Ascension under the direct training of the Master R (Great Divine Director). He had incarnated in that area a number of times in previous lifetimes and felt particularly at home there. Since Francis Bacon was sighted in the area at various times over the following decades, some local people speculated that he might be a member of the Rakoczy family (possibly related to Prince Ferenc Rakoczy II of Transylvania).

Finally on May 1, 1684 he attained his physical Ascension. Not wanting to leave humanity in the physical octave without his direct visible assistance, he asked the Karmic Board for a special Dispensation to allow him to function in a physical tangible body among embodied mankind for a limited time period - even though he was already an Ascended Master.

He was granted his request at the direct intercession of the Goddess of Liberty, and reappeared as: Le Comte de Saint Germain ***, the "Wonderman of Europe" in the 18th and 19th centuries A.D. He developed a reputation of being an outstanding alchemist, scholar, linguist, musician, artist and diplomat. He worked behind the scenes to try to establish a United States of Europe and to prevent the bloodshed of violent revolution. His powers included bilocation, appearing at court and then dissolving his form at will, removing flaws from diamonds and other precious stones, and precipitating an elixir that prevented aging. He was also ambidextrous and could compose simultaneously a letter with one hand and poetry with the other, or two identical pieces of writing with each hand. He visited Marie Antoinette and her intimate friend, Madame d'Adhémar, who later wrote the story of his abilities as an Adept, and that he had warned of the coming debacle and death of the king and queen. He also worked behind the scenes with George Washington and Benjamin Franklin to establish the United States of America.

Ascended Master Saint Germain is now known as "The God of Freedom" for the Earth and, since May 1, 1954, the Hierarch for the "Dawning Golden Age" in this current Aquarian Age cycle. The name "Saint Germain" is the name that Francis Bacon chose as his Ascended Master name upon his physical Ascension from the Rakoczy (Rákóczi) Mansion in Transylvania. It comes from the Latin Sanctus Germanus, meaning "Holy Brother".

St Germain Ascended:

- May 1, 1684, from the Rákóczi Mansion in the Carpathian Mountain region of Transylvania (now part of Romania)

St Germain is Also known as:

- God of Freedom
- "Uncle Sam"
- Chohan of the Seventh Ray
- Lord of the Seventh Ray
- Hierarch of the Aquarian Age

First Public Dictation / Discourse:
Office in Hierarchy:

- Chohan of the Seventh Ray

Retreats:

- Cave of Symbols, Table Mountain, near Jackson Hole, Wyoming, U.S.A.
- Beloved Saint Germain also uses:
  - The Retreat of The Great Divine Director: The Rakoczy Mansion in Transylvania, Romania (This Retreat is the Focus of Freedom for Europe. On the etheric plane, there has been established there a Sacred Temple of the Maltese Cross)
  - The Royal Teton Retreat at the Grand Teton, Jackson Hole, Wyoming, U.S.A.
  - The Cave of Light in India

Divine Qualities:

- Freedom
- Mercy
- Forgiveness
- Ceremony / Sacred Ritual
- Justice
- Alchemy

Vibration / Flame / Ray:

- Violet Flame, Violet Ray
- Purple Flame, Purple Ray

Angels:

- Angels of the Violet Flame
- Angels of the Violet Ray
- Angels of Freedom
- Angels of the Maltese Cross.

Twin Flame / Divine Complement / Twin Ray:

Portia

*** Le Compte De St Germain

Painting of Le Compte De St Germain
Throughout Europe he was recognized as a diplomat, scholar and linguist. His knowledge of other languages was impressive: he was highly proficient in Latin, Greek, Arabic, Sanskrit and Chinese and had fluency in German, English, French, Italian, Spanish, and Portuguese. His ability to acquire a new language was so great that after coming in contact with a group for a short time started speaking their own language. He was the emissary par excellence because of his multilingual skills, knowledge of places through extensive travelling, acquaintance with international law and advocacy for peace.

**Far above average were his abilities in art, literature and music:**
In art The Countess Genlis in her memoirs wrote enthusiastically of the extraordinary effect achieved by the quality of his colour, especially when painting jewels and ornaments in his pictures. So great was his interest in gems, according to the Countess, that he willingly sacrificed his pictures as a whole to make the gems seem real. His pictures may have been signed but with a pseudonym.
In music very little has been known except by some compositions bearing the name Giovannini, supposedly an Italian composer, that have been discovered to be Count St. Germain's compositions.

Of his literary work few examples have survived, except for a copy kept in the French city of Troyes of the original manuscript by St. Germain called "La Tres Sainte Trinosophia" ["The Most Holy Threefold Wisdom"]. The Count destroyed the original. This work is divided into twelve sections, thus suggesting the divisions of the Zodiac, and, the conditions and life experiences of the candidate, this work also describes the stages of progress and initiation from the neophyte, to the final stage of perfection, as this enfolding progresses through the four elements, earth, air, fire, and water. The manuscript is filled with hieroglyphs and symbolic pictures that present difficulties of interpretation even to advanced students.

Because of his unusual activities, permanent youth, his mysterious remarks about his origin, the extravagances people believed and repeated about him, St. Germain was called "Wonder Man" and the "man who never died." His age was the most mysterious thing, since for more than a hundred years he seemed to look about forty five years old. In 1710, when he already looked forty five and was already known in social circles of Holland, he was in Venice and met with Countess von Georgy. One interesting detail to mention here, referred to by Franz Graeff in his book "Recollections of Vienna", is that, the mentioned Countess, now an elderly lady, in coming face to face with Count St. Germain stepped back in surprise, saying that fifty years ago, when in Venice with her husband, then Ambassador, she had known the Count. It seemed incredible to her that he could have changed so little in appearance, nevertheless St. Germain confirmed to her that he was the same person she had known fifty years earlier.

His knowledge of the courts and of events that happened fifty, sixty or more years ago was so detailed that people were convinced that he actually experienced those circumstances. For instance, he could describe scenes of the court of Francis I and depict the king with high degree of exactness, even imitating his voice, language and mannerisms. (Here referring to Francis I, German Emperor from 1745 to 1765, father of Marie Antoinette.) Napoleon III is said to have ordered a complete documentation of everything belonging to the Count. The material then collected was destroyed by fire when the building in which it was deposited was burned during the Commune.

In 1735 he was in Holland again. Between 1737 to 1742 he was at the court of the Shah of Persia.

From 1743 to 1745 he was active in England during the Jacobite Revolution. At this time he was arrested in London during his diplomatic efforts on the grounds of being a spy.

In 1745 St. Germain left London for Vienna where he was known as a mystic and philosopher. He became intimate friend of Emperor Francis I's chief Minister, Prince Ferdinand von Lobkowitz. Through this friendship he met the Marshal of France, the Duc de Belle-Isle, special emissary of Louis XV of France at the Viennese Court.

In 1757 Duc de Belle-Isle took Saint-Germain to Paris and, being the Minister of War and associated with the high class, the Duc de Belle-Isle most likely introduced the Count to the Court Circles of France and to both Louis XV and Madame Pompadour.

Count St. Germain became well known to the court of Louis XV who in 1758 assigned him a spacious apartment in the castle Chateau de Chambord on the river Loire. The king regarded him as one of his friends. At this Chateau the Count wrote much and performed important Alchemical experiments. There he built a Rosicrucian laboratory and set aside various rooms for his secret meetings with mystical councils of Rosicrucian leaders and representatives of various parts of Europe who came there to confer with the Count. Among these were Baron de Gleichen, Marquise d'Urfe and the Princess of Anhalt-Zerbst, the mother of Catherine II of Russia.

In 1760 Louis XV sent Count Saint-Germain on a diplomatic mission to The Hague and from there he went to England. Two or three years later he was in St. Petersburg and at the end of 1763 he met the well-known Casanova at Tournay in Belgium. Count Cobenzl in a letter written in 1763 said that St. Germain had performed "under my own eyes ... the transmutation of iron into a metal as beautiful as gold".

From 1764 to 1768 the Count was in Berlin. There he closely associated himself with the Abbé Pernety, Princess Amelie, the old Baron Knyhausen and Madame de Troussel.
In 1770 he went to Tunis with the Comte Maximilian de Lamberg and to Leghorn while the Russian fleet was there.

In 1773 he traveled to Mantua after meeting his pupil Cagliostro in Paris. In 1774, after the death of Louis XV on May 10, the Count went to The Hague as diplomat representing several governments. From there he may have made a trip to Schwalbach and returned to Holland.

From 1774 to 1776 he met several Rosicrucian and alchemists at Triesdorf. In the later part of 1776 he attended a high council meeting of Rosicrucians at Leipzig, and next year he helped to establish a Rosicrucian College and Alchemical laboratory at Dresden. During the signing of the American Constitution the continental congress assembled with doors locked was indecisive to sign the proclamation of independence when a "stranger" appeared among them and delivered a passionate speech exhorting them to sign with the commanding words: "Sign that document." This stranger was St. Germain.

In 1779 he was in Hamburg to consult with a group of Rosicrucians and then he visited the home of Prince Karl of Hesse, who was then the Grand Master of the Rosicrucians in Germany. Around that time he paid a visit to the Castle of the Duc of the Medici which had an archive for the preservation of the Rosicrucian material from all parts of Europe. Here was the place for many Rosicrucian conventions and for the addition of Rosicrucian material.

In 1785 and 1786 he had a conference with the Empress of Russia, he visited the Princess de Lamballe while she stood before the tribunal only shortly before she was killed by a bullet. In 1788, according to the Comte de Challons, St. Germain conversed with him in St. Mark's square in Venice. In 1793 the Count appeared to Jeanne Du Barry while she waited for the scaffold to be guillotined.

Since 1789 Saint-Germain is said to have been seen all over the world, appearing to many famous occultists as well as normal people, both in spirit and in flesh.

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The Violet Flame

The violet flame goes after the schisms which cause psychological problems that go back to early childhood and previous incarnations and that have established such deep grooves within the consciousness that in fact they have been difficult to shake lifetime after lifetime.

---Saint Germain

The violet flame imparts a feeling of vibrancy and vitality, it also helps us to be merciful and forgiving, it does this by transmuting (changing negative to positive) any negative karma or energy. Negative energy can manifest as anything from disease or accidents to bad habits and this negativity is recorded in the aura, (the energy field that surrounds our physical bodies). The aura reflects positive thoughts and feelings, however, it also reflects any negative feelings such as; anger, hatred, jealousy or frustration, this includes any vibrations we may pick up from people around us as well as karma we have gathered from this life, and, any recorded from past lives. This negativity doesn't just cover your feet, it resembles a vortex of energy that surrounds us from the waist down, psychologists have called it the subconscious / unconscious.

Once we begin to use the violet flame we will find that it can make a positive change at all levels, it frees us to progress on our spiritual journey, thus we can enjoy the full benefit of this positive energy and realise our highest potential. Being able to reunite with our Higher Selves can take many years, possibly lifetimes, but, each time we invoke the violet flame we are bringing ourselves closer to that achievement.
The more we use violet-flame decrees & mantras the more we free ourselves from limiting Human conditions. By doing this we are better able to help others and we will find that when people come into contact with our auras they too will receive the benefits of the healing and vibrancy the Violet Flame brings.

The violet flame is the essence of one of the "seven rays." When a ray of sunlight passes through a prism it’s refracted into the seven colours of the rainbow, in the same way spiritual light manifests as seven rays. Each ray has it’s own specific colour, frequency and quality of the Divine consciousness. These colours also correspond to the Seven Chakra’s of our Physical bodies.

The violet ray is known as the seventh ray and we invoke it in the name of the Divine it manifests as a beam of spiritual energy that bursts into a spiritual flame in our hearts as the qualities of mercy, forgiveness, justice, freedom and transmutation (positive change).

Saint Germain known to us as the Lord of the Seventh Ray and each time we call upon him, he brings us his joy, diplomacy and creativity. He also inspires us to achieve more than we think ourselves capable of and guides us to reach our full spiritual potential.

For almost seventy years, Saint Germain has been preparing us here on Earth to enter into the age of Aquarius, which is an era of peace, freedom and enlightenment. He appeared to Guy Ballard in the early 1930s and gave him the first teaching on the violet flame. Saint Germain said that after centuries of keeping the knowledge of the violet flame secret, the Ascended Masters had decided to release its use to us during this crucial time.

* Saint Germain says to us; "The use of the violet flame is more valuable to you and to all mankind than all the wealth, all the gold and all the jewels of this planet."

People do notice a spiritual and physical difference when they use the violet flame, but, what actually happens when we repeat a violet-flame mantra or decree?

- In physics, a vibration is the speed at which something oscillates (moves back and forth).
- At a spiritual level, vibration is the rate the electrons spins they move around the nucleus of the atom.

As the following shows, these two ‘different’ definitions may not be far apart. We each have four bodies that are ‘envelopes’ of our souls:

- The physical body, which we can see and touch.
- The astral, body, which contains our emotions.
- The mental body, which is our conscious mind.
- The etheric, or memory, body, which contains the memories of all of our past lives.

The violet flame works on these four lower bodies by changing the rate of their vibration.

Saint Germain has given us the violet-flame decree "I AM a being of violet fire! I AM the purity God desires!" When we recite this and other violet-flame decrees, the violet flame permeates every cell and atom of our bodies, minds, emotions, subconscious and our memories.

What does the violet flame do when it permeates our atoms? The Masters have given us the following explanation.

Atoms are mostly empty space. If an atom were the size of a football, its nucleus, that is its centre, would still be far too small for our eyes to see. 99.9 percent of the mass of the atom is concentrated in the nucleus, leaving the rest of the atom as ‘empty’ space which is inhabited solely by electrons, these electrons weigh very little indeed. The empty space between the nucleus and the edge of the atom is where negative energy can become stuck. At a cellular and molecular level, this negativity can appear or feel like dust, soot, tar or sometimes even cement. The Ascended Masters use an illustration of someone taking a pail of molten tar and pouring it over a barrel full of marbles. Any space in between the marbles is stuck up by the tar, and the marbles are soon welded together in a huge, dirty mass.

The Ascended Masters tell us that when our physical and spiritual bodies become clogged by negative energy and karma, it slows down the vibrations of the electrons in our four ‘lower’ bodies. We begin to resonate more with negativity and less with the pure cosmic energy that comes from our Divine Presence. The more negativity there is in our four lower bodies, the lower our rate of vibration becomes and the more burdened we become.

Anyone who has an interest in acupuncture etc will know that optimal health comes when energy is flowing freely through our bodies. When karmic ‘tar’ solidifies, it's like the hardening of the arteries of our spiritual bodies, and when we resonate with this negativity, we will gradually become more and more negative unless we do something to change our thoughts and actions.

The Violet Flame transmutes anything negative anywhere in your spiritual or physical bodies, when it goes to work, it passes through the clogged spaces between the electrons and the nuclei and ejects these particles of ‘karmic tar’ from your body and dissolves them. This process transmutes negative energy into positive energy and restores it to Divine purity.
The Violet Flame is Like a Super Strength Spiritual Cleaner

The violet flame works like spiritual soap, just as soap gets dirt out of our physical clothes by using the positive and negative charges of atoms, Violet Flame works because each of its molecules has two sides, a side that is attracted to dirt and a side that is attracted to water. The dirt-loving side attracts the dirt, the water-loving side sticks to the water, taking the dirt with it. When we call upon the violet flame, it sets up a polarity between the nucleus of the atom and core of the flame. The nucleus, being matter, takes on the negative pole; the core of the violet flame, being Spirit, takes on the positive pole. The interaction between the nucleus of the atom and the light in the violet flame starts an oscillation, and this oscillation dislodges the ‘tar’ that is trapped between the electrons orbiting the nucleus. This hardened substance that weighs down the atom is loosened and is thrown into the violet flame and taken away.

However, unlike soap, the violet flame doesn’t just surround and remove the ‘tar’; it transforms it into pure Divine energy. Now the Nucleus is cleared of this ‘tar’, the electrons begin to move more freely, thus raising our vibrations and propelling us into a more spiritual state of being.

In one moment you sit surrounded with every kind of negative thought in your aura. In the next, you decide to invoke the violet flame. And lo! The mighty power of the seventh ray, as a giant electrode of cosmic energy, begins to form around your person. The violet-flame angels gather around you. With palms outstretched, they direct across your four lower bodies and your aura an arc of the violet ray. As that arc flashes across your being, it vaporizes the negative conditions. They literally disappear from heart and mind!

--Archangel Zadkiel

We can do things today with energy that would have seemed rather far fetched to the majority of people in the last couple of centuries. Things like transmitting sound through the air via radio waves, heating food with micro-waves or taking pictures of bones with X rays. We know that energy frequencies on the electromagnetic spectrum have a lot of beneficial uses. Ultraviolet light, while harmful to unprotected skin, can be used for healing, wounds that are treated with ultraviolet light heal faster than those treated with regular medical care alone. Ultraviolet light treatments have also been shown to relieve an intense skin itching condition known as pruritus. Ultraviolet light has also been used to disinfect the air in hospitals to help prevent the spread of tuberculosis and other dangerous diseases, it kills any tuberculosis bacteria in the air.

The action of the violet flame cannot be measured scientifically, however, it may work in a similar way to the various frequencies of electromagnetic energy. When we cause ripple to pass through a pond, it causes other ripples the spread in an outward motion. When microwave energy passes through our food, it speeds up the electrons in the food and this causes the food to heat up. When the violet flame passes through our bodies, it also causes change, by removing emotional debris and other ‘tar’, it may allow our bodies to reconnect with their natural healing mechanism.

The Difference between Decrees and Eastern Mantras

For many millennia mystics have believed that repeating sacred words and prayers would speed up their union with the Divine, they also used mantras for many ailments of the mind and body. People who have tried both decrees and Eastern mantras say that decrees have a much more immediate and tangible effect. Both are necessary but it’s been found that chanting gives a feeling of devotion, but decrees are believed to accomplish more, no matter what the goal, especially the goal of the union with the Divine. Decrees help to remove obstacles on our spiritual path, such as fear, pride, selfishness and lack of self-esteem. Decreeing it’s believed, is what really gets it done.”

Nine Steps For Putting The Violet Flame Into Action in Our Lives

It's best if you can set aside a place dedicated to your spiritual practises, such as well-lit, clean and aired room. Poor lighting, dust, untidiness and stale air impede the flow of spiritual energy. You could make an altar on which you could put candles, crystals, flowers, pictures of Angels or Ascended Masters, in fact, anything that inspires you

1. **Set aside a time each day to give violet flame.**
You can give violet-flame decrees anywhere, anytime--in your car, while doing everyday tasks, or before going to bed. By repeating a violet-flame mantra anytime you feel tense, tired or irritated you can make the difference However, you will get the greatest benefit from the violet flame if you set aside at least ten minutes a day to use decrees without interruption.

2. **Begin your violet-flame session with a prayer.**
Before you begin your decrees, give a prayer, or ask the Ascended Masters, Angels and elementals to come and help you. Elementals are the nature spirits of fire, air, water and earth, they are responsible for taking care of our planet. Elementals who represent the fire element are called salamanders the air element, sylphs; the water element, undines and the earth element, gnomes. They are all very happy to help us clean up both our auras and the planet with the violet flame.
3. **Invoke protection before you start using the violet flame.**

Never invoke the violet flame without first calling for protection. The Masters teach us that when we bring forth more light, darkness is drawn to it like iron by magnet. We need to seal our aura with protective energy. One of the best ways to do this is to invoke the tube of light and the protection of Archangel Michael. It's best if you get into a routine of giving the tube of light decree each morning and repeat it as necessary throughout the day. As you give it, visualize the dazzling white light from your I AM Presence, the Presence of God above you, forming an impenetrable wall of light around you.

**Tube of Light**

Beloved I AM Presence bright,  
Round me seal your tube of light  
From Ascended Master flame  
Called forth now in God's own name.  
Let it keep my temple free  
From all discord sent to me.  
I AM calling forth violet fire  
To blaze and transmute all desire,  
Keeping on in Freedom's name  
Till I AM one with the violet flame

Give decrees with joy and meaning and know that when you call to Archangel Michael and his legions of angels, they will immediately be at your side. Your prayer to Archangel Michael can be as simple as "Archangel Michael, Help me! help me! help me!" As the Archangel of the first ray, Archangel Michael embodies the qualities of faith, protection, perfection and the will of God.

4. **Begin your violet-flame decree with a preamble.**

A preamble is an invitation, in it we lovingly ask the violet flame beings, Ascended Masters and angels for help and guidance. Begin your decrees by saying, "In the name of the beloved Presence of the Divine Spirit, the I AM in me, and my own beloved Divine Christ Self, ask that my call be multiplied and used to assist all souls on this planet who are in need. I thank you and I accept it done this hour in full power, according to the will of the Divine Spirit." you can also include your own favourite Masters and saints if you wish.

The I AM Presence is our permanent, Divine Presence, that Divine spark within the heart of each of us. The Holy Christ Self is our Higher Self and inner teacher who initiates and guides and sets our soul on the path to union with the Divine.

5. **Give the decree slowly at first, then speed up as you give more repetitions of the decree.**

The first time you give a decree repeat it slowly and deliberately, fill each word with intense love for the Divine. There is great power in giving a decree slowly, but there is a different power that comes as you increase the speed and raise the pitch of the decree, the faster it goes, the greater the action.

As you increase the speed of your decrees you will find that they are more effective in raising your vibration. The increase in speed should not be artificial and should feel natural to you.

6. **Use visualizations to assist your spiritual work.**

Most people don't see the violet flame in action with their physical eyes, however, when you close your eyes and concentrate on the energy centre between your eyebrows, your third eye, you can sometimes "see" the violet flame at work with your inner eye. To people who have developed their spiritual sight, the violet flame looks like fire, in colours ranging from dark indigo and brilliant amethyst to violet pink. You may also see these flames burning through karmic ‘tar’.

7. **Use violet flame every day.**

One of the best times to use decrees is in the morning, you'll find that your day will go much smoother. You can make a specific request for the transmutation of whatever problems you are working on in your life, you can also work on relationships with your friends and loved ones.

8. **Use the violet flame to heal the records of past lives.**

When you have been using the violet flame for some time you may find yourself remembering past lives. Recalling a past life is not something you should take lightly, when you become aware of it, the positive and negative karma of that particular life comes to the surface. You will probably find yourself wanting to spend your time making calls to the violet flame Angels each day to transmute any karmic debris you may have acquired. It can take as little as six months of concentrated violet flame decrees to balance the karma of one past life, this is the greatness of the gift that is given to us by Saint Germain. As you use the violet flame, images of past lives may come into your mind, and you may see yourself as you were in those lives, or you may just have an impression that you were in a particular time or place (you may feel sadness or regret but you will also feel freed because you know you are transmuting your past karma). When you become aware of these memories, don’t try to suppress them, instead, focus your attention on the light in your heart and imagine the memory being filled with violet, then, let go of the memory and let a bright white light replace it in your mind's eye.
There are two different elements you are transmuting when you deal with karmic records. The first element is the emotional and soul memory of events that are causing you pain. The second element is the karmic energy that ties you to those you have hurt or to those who have hurt you. Past-life records are similar to files on your computer as you erase the negative, you make room for the positive. Doing this by using the violet flame, you are freeing your soul to move on to higher levels. It's by getting beyond these karmic records you can clear the way for your soul to receive new opportunities and accelerate your soul's progress in this life, thus making your way more quickly to a reunion with the Divine. Every time you balance the karma of a specific lifetime, your Higher Self may reveal the next past life that needs to be tackled and the next and so on. It's important not to let yourself feel burdened by the negative record of a past life, everyone has made mistakes in the past, forgive yourself and move on. Think positively that you're here and have the opportunity to erase those records.

9. **Expand the scope of your invocations to include cleaning up karmic debris in your house, your neighbourhood and the planet.**

As you become adept at directing the violet flame to help others, you can think of your aura as a violet flame fountain, a place where all you meet can come and drink, always have the violet flame available for someone in need. The violet flame not only dissolves your own karma, but it can also dissolve group or planetary karma that comes from such things as wars or injustices.

*** People have different experiences when using violet flame decrees; some repeat them for months before they have any confirmation that the decrees are working; others get spectacular results the first time they open their mouths, you should be prepared to be patient because we are all different. I hope you persevere and come to know the wonderful feeling of transforming your life with this highest gift of the Divine to the universe.

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**Decrees, Mantras & Visualisations**

**Decree: Tube of Light**

Beloved I AM Presence bright,  
Round me seal your tube of light  
From Ascended Master flame  
Called forth now in God's own name.  
Let it keep my temple free  
From all discord sent to me.  
I AM calling forth violet fire  
To blaze and transmute all desire,  
Keeping on in Freedom's name  
Till I AM one with the violet flame.  

(Give three times)

**Decree: For Travelling Protection**

You can give this decree in full voice when you are driving your car alone or say it softly or in your mind when travelling on public transportation.

Lord Michael before, Lord Michael behind,  
Lord Michael to the right, Lord Michael to the left,  
Lord Michael above, Lord Michael below,  
Lord Michael, Lord Michael wherever I go!  
I AM his love protecting here!  
I AM his love protecting here!  
I AM his love protecting here!
Decree: Guard, Guard, Guard Us!

Guard, guard, guard us!
By the lightning of thy love!
Guard, guard, guard us!
By thy Great Self above!
Guard, guard, guard us!
By thy secret power of light!
Guard, guard, guard us!
By thy great and glorious might!
And seal us safe forever
In thy diamond heart of light!

Decree: I AM a Being of Violet Fire

This little decree can be the first violet-flame decree that you do and it can become a cornerstone of your violet-flame ritual.

Visualization:
As you say this decree, visualise violet flame bathing and cleansing your aura, see the flames dissolving any debris that is in and around it. You want to purify your aura of everything that is not of the Divine. When you give this decree, visualise any negative energy that contacts these flames being instantly transmuted into the light of the Divine.

Decree:
I AM a being of violet fire!
I AM the purity God desires!

A variation of this decree is to insert the names of people you know or your hometown, nation or the planet. For example, you can say:

Earth is a planet of violet fire!
Earth is the purity God desires!
New York is a city of violet fire!
New York is the purity God desires!

Visualization:
The decree "More Violet Fire" is known for its rhythm and for the spiraling action of the violet flame that follows the rhythm. As you give this decree, become one with your higher self and feel the love of your "Divine Presence" enfold you completely as you let go of any anger, worries, concerns and fears. Visualise a waterfall of light descending from your I AM Presence, see this being released to you as streams of shimmering energy going forth to bless and comfort those you are praying for. See the violet flame dissolving the cause, effect, record and memory of you’re the misdeeds of yourself and others. Add your own images of what you want the violet flame to accomplish. No problem is too large or too small to tackle with the violet flame.

Decree: Lovely God Presence, I AM in me,
Hear me now I do decree:
Bring to pass each blessing for which I call
Upon the Holy Christ Self of each and all!

Let violet fire of Freedom roll
Round the world to make all whole
Saturate the earth and its people, too,
With increasing Christ-radiance shining through!

I AM this action from God above
Sustained by the hand of heaven's love,
Transmuting the causes of discord here,
Removing the cores so that none do fear.
I AM, I AM, I AM
The full power of Freedom's love
Raising all earth to heaven above
Violet fire now blazing bright
In living beauty is God's own light
Which right now and forever  
Sets the world, myself, and all life  
Eternally free in Ascended Master perfection!  
Almighty I AM! Almighty I AM! Almighty I AM!  

**Decree: Radiant Spiral Violet Flame**  

Radiant spiral violet flame,  
Descend, now blaze through me!  
Radiant spiral violet flame,  
Set free, set free, set free!  

Radiant violet flame, O come,  
Expand and blaze thy light through me!  
Radiant violet flame, O come,  
Reveal God's power for all to see!  
Radiant violet flame, O come,  
Awake the earth and set it free!  

Radiance of the violet flame,  
Expand and blaze through me!  
Radiance of the violet flame,  
Expand for all to see!  

Radiance of the violet flame,  
Establish Mercy's outpost here!  
Radiance of the violet flame,  
Come, transmute now all fear!  

**Decree:**  

Breath of God inside each cell  
I AM the violet flame  
Pulsing out the cosmic time  
I AM the violet flame  
Energizing mind and heart  
I AM the violet flame  
Sustaining God's creation now  
I AM the violet flame  
With all love  
With all love  
With all love  

Shimmering in a crystal cave  
I AM the violet flame  
Searching out all hidden pain  
I AM the violet flame  
Consuming cause and core of fear  
I AM the violet flame  
Revealing now the inner name  
I AM the violet flame  
With all peace  
With all peace  
With all peace  

Flashing like a lightning bolt  
I AM the violet flame  
Stretching through the galaxies  
I AM the violet flame  
Connecting soul and Spirit now  
I AM the violet flame  
Raising you to cosmic heights  
I AM the violet flame  

With all power
Frequently Asked Questions

1. **Is the violet flame detectable with instruments?**
The violet flame is spiritual flame. And at this point in time cannot be detected with instruments.

2. **Why aren't the science of the spoken word and the science of the violet flame better known in today's world?**
The science of the spoken word is a well known practice in the world today, communication with the Divine is at the core of every belief system. Ever since man and woman began to worship the Divine, they have practised the science of the spoken word in some form to establish this communication. Many pray and sing hymns, some offer a mass and give the rosary, others mantras or chant and some recite holy scriptures and pray many five times daily. The ascended masters teach us that devotees in ancient times, in places such a Atlantis and Lemuria scientifically practised the violet flame. Saint Germain unveiled the violet flame to the Earth in 1929 through the messengers Guy and Edna Ballard of the I AM Activity. It is the gift of his heart to all who wish prepare themselves to enter the golden age of Aquarius. Using the science of the spoken word on a daily basis to call to the violet flame, will assist you to accelerate along whatever spiritual path you choose to walk.

3. **What exactly do you mean by the statement: "violet flame transmutes karma"?**
The violet flame is the most physical of all the spiritual flames and, when we invoke it, transmutation (or change) goes on at all levels of our being. It literally erases any burdens in our body and clears negative thoughts and feelings. The violet flame not only expels toxins lodged in our physical organs but it also transmutes the karmas and traumas of our present and past lives recorded in our etheric, mental, astral (emotional) and physical bodies. Occasionally we can feel our personal karma as a weight upon us. As a result of invoking the violet flame, we feel lighter because the violet flame literally consumes the cause and core of our personal problems. It truly is a miracle flame!

4. **What are the qualities of the violet flame or the violet "ray"? What does it actually do when I invoke it?**
The qualities of the violet flame are freedom, alchemy, justice, joy, forgiveness and mercy. When you recite violet flame decrees with devotion, this flame permeates every cell and atom of your body, mind, emotions and even your subconscious memory. It steps up the vibration of the electrons so we resonate more with the pure cosmic energy that comes from our Divine Presence. The violet fire transmutes anything negative that is lodged anywhere in your spiritual or physical being.

5. **How does the violet flame relate to the chakras and/or the aura?**
The seat of the soul chakra is the place where our soul is anchored to the etheric and physical bodies. This is the 7th ray chakra or the chakra of freedom. It is the violet flame that frees the soul from all perversions to become all that the Divine has made it to be. The six petals of this chakra represent the six-pointed star of victory. As we invoke the violet flame daily, it cleanses and purifies our aura and our other major chakras.

6. **Can violet flame be seen in the human aura?**
Yes, some people who have their spiritual senses awakened can see violet flame in people's aura. Don't worry if you can't see the violet flame, that will come after you give violet flame for a period of time and transmute any substance that may be blocking your third eye vision.

7. **Will my husband/wife, boyfriend/girlfriend get anything out of giving violet flame invocations if they either don't believe in the violet flame or are skeptical of it?**
Obviously, the more one engages their heart into the process of invoking the violet flame and has faith in the response, the greater the action of the violet flame will be in their lives. However, if someone is interested enough to try giving violet flame mantras and they invoke the assistance of the violet flame angels and masters, some kind of response will be forth coming simply by cosmic law. And then, the doubters of the world may be convinced to continue on with their scientific experiment!

8. **Can the violet flame liberate the gifts of the Divine Spirit in me?**
The answer to this question is a resounding YES! Using the violet flame will help you get in touch with your Higher Self which is the part of you that already possesses the gifts of the Divine Spirit.

9. **How do I know when I am making progress with my violet flame invocations?**
You will know you are making progress with the violet flame when you start noticing that you feel a new sense of joy and purpose. And when old negative habits and unwanted desires begin to fall away. You will realise that the changes taking place are the result of the action of the violet flame because it will be the one thing that you had not tried before and it is working!
Higher Self Connection Meditation

This meditation will help you to connect with your higher consciousness, this will prepare you for working with the Violet Flame. It will also help you to become relaxed and centred before you begin.

Sit or lie in a comfortable position and imagine your body getting heavier and sinking down, do this for a couple of minutes. This will relax the physical body.

Relax your mind, don’t try to stop thinking or you will find it impossible! Just let any stray thoughts drift through your mind and pay them no attention. You can use the ‘Ohm’ sound if it helps you focus. After a few minutes you should feel more relaxed and probably more ‘alert’. Meditation is about relaxing the body and mind but being alert too.

Practise this meditation daily if you can, just a few minutes a day will do, it will help you get used to being in the relaxed state that is best for receiving the attunement.

After the meditation let yourself resume your normal daily activities, but have a drink of water or a biscuit to help ground you.

Accepting the Violet Flame attunement

Find a place where you won’t be disturbed, and sit comfortably in a straight chair, with your spine and head erect, legs and arms uncrossed and feet flat on the floor. Rest your hands on your upper legs, with palms facing upwards. Ask your Higher Self in a fervent prayer to help you invoke the Violet Flame, and to show you the value of the Violet Flame in your life.

Begin with the tube of light protection: As you give this decree, visualize the dazzling white light from your I AM Presence, the Presence of God above you, forming an impenetrable wall of light around you.

Beloved I AM Presence bright,  
Round me seal your tube of light  
From Ascended Master flame  
Called forth now in God's own name.  
Let it keep my temple free  
from all discord sent to me.

I AM calling forth violet fire  
to blaze and transmute all desire,  
keeping on in Freedom's name  
till I AM one with the violet flame.

The Violet Flame is invoked through "decrees" - unique forms of prayer utilizing prayer and meditation. One of the simplest decrees to the Violet Flame is: "I AM a being of Violet Fire! I AM the Purity God Desires!" Take a few, slow deep breaths, and speak the decree aloud, slowly and deliberately. Concentrate on the natural rhythm of the decree, and repeat it three or nine times to begin with. Repeating the decree strengthens its Power and draws down more Light. Center in your heart and give the decree with love, devotion and feeling. Once you have memorized the decree, you can close your eyes while giving it and concentrate on visualizing the Violet Flame. Visualization is essential to successful invocation of the Violet Flame. When you decree, you are actually creating by using God’s Energy within you. You cannot create what you cannot visualize, just as an artist cannot paint a picture he cannot see.

Affirm that you are accepting the Violet Flame attunement from Lynne Valentine and visualize the following: See yourself before a large bonfire, about nine feet high and six feet wide. Color it violet in your imagination, and see the Flames undulating in endless shades of violet with gradations of purple and pink. Then see yourself stepping into the Flame, so the Violet Flame is where you physically are. See your body as transparent, with the Flames curling up from beneath your feet, passing through and around your body, clear up over your head.

To those who have developed their spiritual sight, the Violet Flame appears as a physical Violet Fire. You may also be able to "see" the Violet Flame at work with your inner eye, by concentrating on the spiritual center between your eyebrows. You will feel when the attunement is complete, this usually takes about 10-15 minutes, but it varies from person to person.

Once you are attuned, the more you use it the better it works as it has a cumulative effect.
Violet Flame Self Cleansing/Healing

Begin by relaxing and getting yourself into the basic meditation state and use the tube of light:

Imaging yourself surrounded by a tube of light about 6 metres in diameter. Say this affirmation:

Beloved I AM presence bright,
Round me seal your tube of light,
From Ascended Master Flame,
Called forth now in The Divine’s own name
Let it keep my Temple free,
From all discord sent to me.

(the temple is your body)

Now visualize a sheet of Violet Flame beneath you – see it extending out all around you so that it is extending about 3 feet in all directions.

When you have the image firmly in your mind, begin to draw the sheet of fire up through your body. Pull the sheet through as slowly as possible, allowing it to work through the whole system.

When it has passed right through you and is about 3 feet above you, begin to spin it round quickly. As the Violet Flame spins, see the transmuted energy falling like a white/gold rain back to your body.

When the rain has stopped release the Violet Flame quickly – see it vanish in a puff of smoke or fly off like a comet!

Healing Others & Animals With The Violet Flame

Using the Violet Flame to heal others & animals works in the same way it does when using it on yourself, only the technique differs. There are several ways you can use Violet Flame in healing, as with all things, you will find one that suits you best. The following method is simple, effective and can be used on just one part of the body, or on all of it.

It’s important to prepare the space you will use to do the healing, make sure it’s clean, comfortable and quiet. The main thing is to make wherever you are a sacred space for the duration of the healing session, this can be done by visualising Violet Flame cleansing the room and using some suitable mantras. You could, if you wish, light candles and incense, some quite, suitable background music is also a good idea, this helps both you and the person being healed to relax. This can all be done before the person arrives.

The Healing Session

Begin with the tube of light invocation, go through this with your sitter;

Imaging yourself surrounded by a tube of light about 6 metres in diameter. Say this affirmation:

Beloved I AM presence bright,
Round me seal your tube of light,
From Ascended Master Flame,
Called forth now in The Divine’s own name
Let it keep my Temple free,
From all discord sent to me.

Begin the healing session by helping your sitter to relax, you could have them use a mantra and join you in chanting it if they would like to. If they aren’t into chanting then you can use your mantra in your head, it works just as well.
Call in the Violet Flame and any guides or Angels you use to help you.

Visualise a ball of Violet Fire just to your right, just above your head and begin to rotate it like a small planet.

Work your way around the person’s energy body with your hands, these should be about 2-3 inches above the physical body, and sense any blockage or disturbance in energy in each area.

*This may seem a little strange at first or you may find it difficult, just relax and you will be able to feel the energy. Your psychic awareness/ sensitivity will increase the more you work with the Violet Flame.

You can speak to the sitter as you work your way around, ask them what they are feeling and to focus on each area as you work your way around their body.

If a negative emotion or pattern/memory comes up stay relaxed and do this: keep your left hand (the left hand is the receiving hand, however, if you’re left handed, use your right hand) over the area, raise your right hand (if you’re left handed use your left hand, this is the giving or sending hand.) above your head, it doesn’t have to be very high as long as it’s above your head. Now draw the energy out of the body, let it flow through the right hand and into the Violet Flame. Return both hands to the energy field and see the transmuted energy released from the Violet Flame as a white ball of light energy. This time, keep your right hand on the same area of the sitter’s body, raise the left hand and draw the white light and release it through the right hand into the energy field of the sitter.

Work your way through/around the whole body in this way, guide the sitter through this short ‘sheet meditation’ to release any residual negativity. As you are guiding them, do the sheet meditation on yourself too.

**Sheet Meditation**

- Now visualize a sheet of Violet Flame beneath you – see it extending out all around you so that it is extending about 3 feet in all directions.
- When you have the image firmly in your mind, begin to draw the sheet of fire up through your body. Pull the sheet through as slowly as possible, allowing it to work through the whole system.
- When it has passed right through you and is about 3 feet above you, begin to spin it round quickly. As the Violet Flame spins, see the transmuted energy falling like a white/gold rain back to your body.
- When the rain has stopped release the Violet Flame quickly – see it vanish in a puff of smoke or fly off like a comet!

**Ending the Healing Session**

When you have finished the sheet meditation, use this simple grounding exercise with your sitter to make sure that you’re both grounded.

**Grounding (clearing and releasing)**

Put yourself into a comfortable position -it doesn’t matter if it’s sitting, kneeling, or lying down, but it should not be standing, as you may tend to lose your balance until you become proficient in the technique.

Visualize -that is to say imagine very strongly- a bright white light pouring down from above the top of your head and passing through your whole body, exiting through the soles of your feet. Release all tensions, anxieties, and stresses in your being, imagine them flowing out of you along with the white light. Let it all pour out of you. Imagine the excess energy as little bits of darkness being carried away with the light as it flows through you. When the last little bits of darkness are gone, let the light stop coming down, and let the last of it flow out of you.

Still another technique is to imagine a long root, like the root of a tree, growing down from your feet. Visualize this root going down into the Earth. If you are in doors, see the root going down through the floor and through any lower levels of the building, then entering into the Earth. Let the root going down deep into the Earth. Now imagine your excess energy running down through this root to Earth. When you are done, draw the root back up into yourself.

Encourage your sitter to have a drink of water and begin to move around, this will act as a grounding also.
Violet Flame Attunement & Acceptance

Passing On The Violet Flame

Prepare yourself in the way that suits you best, perhaps take a relaxing bath or shower, or maybe just sit in stillness as preparation.

Begin with a short meditation and use decrees as you wish. Once you are ready, focus on the person to be attuned, if by distance use wither a photo or their name and address on a piece of paper. Or you could hold an amethyst crystal between your palms and see the person within it, sending the Violet Flame to them this way.

*** If doing the attunement in person, place your hands on the crown or shoulders of the person receiving the attunement.

Request the assistance of your guides and the Angels of the Violet Flame, the assistance of the attunee’s guides and St Germain. These light beings are the ones that actually make this attunement – you are only acting as the conductor or antenna – sending the signal to a particular person.

Next visualize the Violet Flame all around you, inside you and surrounding your body.

Say the following either aloud or silently:

“I call upon the keepers of the Violet Flame and St Germain, Lord of the Seventh ray, to assist me here and now in attuning (use persons name & address) to the Sacred Violet Flame.”

See the flame surround the person and see it permeating their body on all levels (physical, mental, emotional, and spiritual). Allow the Violet Flame to flow through you, to them for up to ten minutes.

Then say:

“(person’s name), you have been attuned to the Violet Flame, the fire of unconditional love, transformation and spiritual service. This attunement is sealed with Divine love and wisdom. We have both been blessed by this attunement.”

After the attunement ground yourself and the person attuned.

Accepting the attunement

Find a place where you won’t be disturbed, and sit comfortably in a straight chair, with your spine and head erect, legs and arms uncrossed and feet flat on the floor. Rest your hands on your upper legs, with palms facing upwards. Ask your Higher Self in a fervent prayer to help you invoke the Violet Flame, and to show you the value of the Violet Flame in your life.

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