

# BJC Primary Grading Syllabus (under 10 years of age)

Grading Officer \_\_\_\_\_

Signed:	Name	Name	Name	Name	
Date:	Club	Club	Club	Club	
Comments:	Age / D.o.B	Age / D.o.B	Age / D.o.B	Age / D.o.B	
	Present grade	Present grade	Present grade	Present grade	
<b>FOR ALL GRADES: Pre-requisite for grading (all Judoka must be able to demonstrate these to a good standard appropriate for their new grade)</b>	New grade	New grade	New grade	New grade	
Minimum Attendance Confirmed					
Kneeling and Standing Bows and Overall Etiquette					
Posture (Migi/Hidari Shizentai, Jigotai), grip (Kumi-Kata - basic sleeve/lapel) and how to walk with a partner (Aruki-Kata - using Tsugi Ashi & Tsuru Ashi)					
How and When to Submit					
Ushiro Ukemi		Back Breakfall			
Hidari/Migi Yoko Ukemi		Left/Right Side Breakfalls			
Mae Ukemi		Front Breakfall			
Hidari/Migi Zempo Kaiten Ukemi		Left/Right Rolling Breakfalls			
RED TABS	<b>Throws</b>				
	(1 TAB) 1. Morote Seoi Nage & breakfall	1. Two Arm Shoulder Throw			
	(2 TABS) 2. Morote Seoi Otoshi & breakfall	2. Shoulder Drop Throw			
	(3 TABS) 3. Ko Uchi Gari & breakfall	3. Minor Inner Reaping Throw			
	<b>Groundwork</b>				
	(1 & 2 TABS) 1. Turn partner over onto back from 'all 4s'				
	(1, 2 & 3 TABS) Turn-over from press-up position, breakfall, move into 21. Kesa Gatame (Scarf Hold) & escape				
	<b>Theory</b>				
	Sensei		Teacher		
	Hajime / Matte		Start / Stop		
How to bow as appropriate					
<b>Minimum of 2 'throw for throw' style randori practices</b>					
ORANGE TABS	<b>Throws</b>				
	(1 TAB) 1. Morote Seoi Nage, Uke avoids, Tori changes attack to 2. Morote Seoi Otoshi & breakfall				
	(2 TABS) 2. Morote Seoi Nage, Uke avoids, Tori changes attack to 3. Ko Uchi Gari & breakfall				
	(3 TABS) 4. Tsuru Komi Goshi & breakfall	4. Lifting Pulling Hip Throw			
	<b>Groundwork</b>				
	(1 & 2 TABS) 22. Kuzure Kesa Gatame (Broken Scarf Hold), escape onto stomach and rise onto 'all 4s'				
	(3 TABS) Turn-over from press-up position, breakfall, move to 21. Kesa Gatame escape and link to 22. Kuzure Kesa Gatame escape onto stomach and rise to 'all 4s'				
	<b>Theory (as for red tabs, plus the following)</b>				
	Dojo		Training hall		
	Ritsu Rei		Standing bow		
Tori		Attacker			
How to bow as appropriate					
<b>Minimum of 2 'throw for throw' style randori practices</b>					
GREEN TABS	<b>Throws</b>				
	(1 TAB) 5. Tai Otoshi & breakfall	5. Body Drop			
	(2 TABS) 6. O Uchi Gari & breakfall	6. Major Inner Reaping Throw			
	(3 TABS) 4. Tsuru Komi Goshi, Uke avoids, Tori changes attack to 5. Tai Otoshi				
	<b>Groundwork (plus escapes)</b>				
	(1 TAB) Turn-over from press-up position, breakfall, move into Kesa Gatame, escape and link to Kuzure Kesa Gatame, escape onto stomach and rise to 'all 4s'.				
	(2 & 3 TABS) Turn-over into 23.Yoko Shiho Gatame (Side Four Quarters Hold) and escape				
	<b>Theory</b>				
	Judo - The Gentle (or Supple) Way		Uke - Defender		
	Hands and feet are not allowed on partner's face				
Teacher is addressed as Sensei with respect					
<b>Minimum of 2 'throw for throw' style randori practices</b>					
<b>Key</b>					
- assess throughout grading - examine separately only if weak for grade					

Examiner's Additional Comments (continue on back of sheet if necessary)