RELEASE THE POWER OF BELIEF!

How YOU can change every aspect of your life!

Richard Duszczak
Release The Power Of Belief
RELEASE THE POWER OF BELIEF

How YOU Can Change Every Aspect Of Your Life!
Also by Richard Duszczak

Books

The Law Of Attraction - cartoons and quotes!
Soccer Motivators - How To Improve Your Game!
RELEASE THE POWER OF BELIEF

How YOU Can Change Every Aspect Of Your Life!

Richard Duszczak
Dedication
Release The Power Of Belief
“Faith (or the power of belief) can move mountains,” they say. And if we are to take our example from an event during the Second World War, it can also lay roads across them. A British General in Burma made it known that he intended to speed up the transport of troops and supplies by building a road through a mountainous jungle region. However, when he consulted the Royal Engineers — the acknowledged experts on such things — they pronounced the project utterly impossible! Engineers had pronounced it impossible by any standards whatever.

So the General consulted the sappers, the men whose job it was to build the roads designed by the engineers. Their verdict was that all the mountains and valleys would add too many miles to the road in an up-and-down direction, and it would be difficult to cut through all the rocky obstructions.

But there was another group to be consulted — the highly-skilled Artillery, which prided itself on being able to blast a moving jeep off the side of a mountain at a range of two miles. This was not an idle boast. They had actually done it, several months previously. So the General sent for the Artillery Officers, and showed
them the map of the proposed road, and informed them that sappers considered the job rather difficult, and that the Royal Engineers had pronounced it impossible by any standards whatever. With this scale of negativity to contend with, the General supposed there was no way that the Artillery’s pride in its own prowess might extend to blasting a straight path through tangled jungle and across undulating mountains…?

“If we can’t do it,” said one officer, “then nobody can — the enemy included. So we’ll give it a try, General.”

And they were off, enlisting every able-bodied man to shovel away the debris as they blasted it free; and the sheer enthusiasm of their approach soon had the whole company singing as they wielded their shovels and spades.

Now one of the gunners was a man who, in civilian life, had been a monumental mason; and it was he who took the initiative to obtain a piece of local stone, and smooth its face, and inscribe into it a potted history of the event for the benefit of posterity:
You may already be acquainted with a similar sentiment in the well-known aphorism: “Those things which are difficult, we do immediately; the impossible ones take a little longer.” Still on the subject of engineers, the designers and excavators of the Panama Canal evoked this tribute:

*Got any river they say isn’t crossable?*
*Got any mountain which can’t be bored through?*
*We specialise in the wholly impossible,*
*Doing what nobody ever could do.*

By a strange coincidence, this month’s motto on the bottom of my calendar reads:

*The man who says ‘It can’t be done’ is likely to be interrupted by someone doing it.*
“All things are possible to him that believes,” said Jesus. People who have made a difference in the world — William Wilberforce, Florence Nightingale, Lord Shaftesbury, and Dr Martin Luther-King, to name but a few — seem to have that maxim as a common denominator in their lives. Thus they were tender-hearted; practised kindness to others; loved humanity in general… and strove to emulate the life and character of Jesus in everything they did.

The late Dr Norman Vincent Peale, in his world famous book The Power of Positive Thinking, cites St Paul’s precept “I can do all things through Christ who strengthens me” as a golden key that opened new doors in his life. It is reported that the manuscript for Dr Peale’s now-famous book had been rejected by publishers more than seventy times. In despair, he finally slung the script into a wastepaper basket. His wife went to retrieve it, but he forbade her. The very next day, apparently, she turned up at the office of a publisher, carrying a thick round parcel under her arm. She presented it to the editor; and he was intrigued enough to unwrap it.

He revealed a wastepaper basket with a manuscript in it!

The loyalty of Peale’s wife paid off: the editor went home with the manuscript (as presumably Mrs. Peale...
did with the empty basket) and the book soon became an all-time best-seller.

Supercharge your life by exercising the power of belief, and what was once impossible becomes possible. Re-examine the frontier of the newly-possible, and it soon becomes an accomplished fact!

WELCOME!
Hiya, my name is Wina - a winner by name, a winner by nature and winner by working hard at it. But most of all - believing I can win! I am your own personal motivator. I'm here to help you with your self-belief and put positive thoughts into your head...I'm here to pick you up and dust you off when you've been knocked down. I'm here to pat you on the back when you've done good...I'm here to encourage you to try harder and keep moving up...

YOU CAN ACHIEVE ANYTHING WHEN YOU BELIEVE AND PUT YOUR MIND TO IT!
...And this is my sidekick Mog Tivata...

Believe in yourself and your abilities!

I can do it!

I’m here to help you develop a greater belief in yourself and your talents...you can be much more than you currently are if you believe in your abilities! I’m here for you to refer back to when you feel like packing it all in...We are here to have some fun...I’m going to push you, motivate you and turn you into a winner! There are going to be tears along the way. But with my help you’ll bounce back stronger and more determined! We are winners for heaven’s sake, aren’t we?
You must believe there’s always more than one way to win a battle!
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“Undoubtedly the biggest obstacle to achieving success is your own negative self-belief.”

John McGrath - is a highly successfully real estate agent/author in Sydney Australia.
Okay, so I’m disappointed in losing.
It’s a setback – but I’m persistent.
I’ll be back...I BELIEVE I’ll get better. I need to fail a time or two – but I’ll learn from this experience! I BELIEVE you haven’t seen the best of me yet!

BELIEVE IN YOURSELF, YOUR ABILITIES AND YOUR GOALS!
To be a champ, you have to believe in yourself when nobody else will.

Sugar Ray Robinson -
was a professional boxer. Generally regarded as one of the greatest boxers of all time.

Believe in yourself.. in all you can do.. and for you, the deals will start to work in your favor. You need to be open to such deals, and they will come, I assure you.

Ivana Trump -
is a former Olympic athlete and fashion model also noted for her celebrity brand and marriage to mogul Donald Trump.
Back in the old days you scored 40 goals a season! How many do you think you'd score if you were still playing now?

Probably about 30!

Is that because the game is faster, defences are much tighter, super athletic defenders?

No, because I'm 75!

Now that's believing in yourself!
Man often becomes what he believes himself to be. If I keep on saying to myself that I cannot do a certain thing, it is possible that I may end by really becoming incapable of doing it. On the contrary, if I shall have the belief that I can do it, I shall surely acquire the capacity to do it, even if I may not have it at the beginning.

Mahatma Gandhi -
was a major political and spiritual leader of India and the Indian independence movement.

Self-esteem is a huge piece of my work. You have to believe it’s possible and believe in yourself. Because after you’ve decided what you want, you have to believe it’s possible, and possible for you, not just for other people. Then you need to seek out models, mentors, and coaches.

Jack Canfield -
is an American motivational speaker and author. He is best known as the co-creator of the “Chicken Soup for the Soul” book series.
I believe in myself. I believe in those who I work with. I believe that success is the result of intelligent effort and does not depend upon luck. I believe I’ll get out of life exactly what I put into it!

Inspired by a section on Self Confidence in The Law Of Success by Napolean Hill
If you don’t believe you can win, there is no point in getting out of bed at the start of the day.

**Mog Tivata -**
The motivational cat that keeps you going when the going gets tough!

Don’t limit yourself. Many people limit themselves to what they think they can do. You can go as far as your mind lets you. What you believe, remember, you can achieve.

**Mary Kay Ash -**
was a U.S. businesswoman and the founder of Mary Kay Cosmetics, Inc.
THE BOTTOM LINE - face it, nobody owes you a living. What you achieve, or fail to achieve in your lifetime is directly related to what you do or fail to do. No one chooses his parent or childhood, But you can choose your own direction.

Everyone has problems and obstacles to overcome, But that too is relative to each individual. NOTHING IS CARVED IN STONE!

You can change anything in your life If you want to badly enough. Excuses are for losers! Those who take responsibility for their actions are the real winners in life. Winners meet life challenges head on knowing there are guarantees, and give it all they've got and never think it's too late or too early to begin. Time plays no favorites and will pass whether you act or not Take control of your LIFE Dare to Dream and take risks.......Compete! If you aren't willing to work for your goals Don't expect others to. BELIEVE IN YOURSELF!

--- Author Unknown
Chapter 2
BELIEF ABOUT OTHER PEOPLE.

I firmly believe that any man’s finest hour, the greatest fulfillment of all that he holds dear, is the moment when he has worked his heart out in a good cause and lies exhausted on the field of battle-victorious.

Vince Lombardi -
one of the most successful head coaches in the history of American football.

Outstanding leaders go out of their way to boost the self-esteem of their personnel. If people believe in themselves, it’s amazing what they can accomplish.

Sam Walton -
was the founder of two American retailers Wal-Mart and Sam’s Club
Armstrong’s second and last spaceflight was as mission commander of the Apollo 11 moon landing mission on July 20, 1969. On this famous “giant leap for mankind,” Armstrong and Buzz Aldrin descended to the lunar surface (“The Eagle has landed”).
The most important thing is God’s blessing and if you believe in God and you believe in yourself, you have nothing to worry about.

Mohamed Al-Fayed -

is an Egyptian businessman and billionaire and is the owner of Harrods department store in Knightsbridge

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“One person with a belief is equal to a force of ninety-nine who have only interests.”

John Stuart Mill -

British philosopher, political economist and Member of Parliament, was an influential liberal thinker of the 19th century.
Ok, so it’ll be a long way around – a big detour to my goal – but it’s no problem, I’ll do it! I will persist until I succeed!

There’s no easy route to success! But I know you can do it!
Release The Power Of Belief

It doesn’t matter how many say it cannot be done or how many people have tried and failed before. What’s important to realize that if you believe you can achieve it, stick at it until you do!

**Mog Tivata** -  
The first cat in history to inspire you onto bigger and better things!

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If you develop the absolute sense of certainty that powerful beliefs provide, then you can get yourself to accomplish virtually anything, including those things that other people are certain are impossible.

**Anthony Robbins** -  
is an American life coach, writer, and professional speaker. Some of his well known audio programs include Personal Power II, Get the Edge! and Lessons in Mastery.
YOU CAN'T DO IT... YOU'LL NEVER LOSE WEIGHT... YOU'RE A LOSER, YOU'LL BE FAT FOREVER!

I CAN DO IT! I CAN AND WILL LOSE WEIGHT... I'M A WINNER AND I BELIEVE IN MYSELF!

YOU'RE THE WEAKEST LINK- GOODBYE!
If you believe you can, you probably can. If you believe you won’t, you most assuredly won’t. Belief is the ignition switch that gets you off the launching pad.

**Denis Waitley** - produced the groundbreaking recording, The Psychology of Winning, and the original audio version of Napoleon Hill’s famed treatise, Think and Grow Rich.
YOU'RE BRILLIANT!

YOU'VE GOTTA BELIEVE IT!
Chapter 3
BELIEF ABOUT THE FUTURE

The future belongs to those who believe in the beauty of their dreams.”

Eleanor Roosevelt -
was an American political leader who used her influence as First Lady of the United States from 1933 to 1945 to promote her husband’s (Franklin D. Roosevelt’s) New Deal, as well as civil rights.
To accomplish great things, we must not only act, but also dream; not only plan, but also believe.

**Anatole France** - was the pen name of French author Jacques Anatole François Thibault.

************************************
I’ve made the BREAKTHROUGH!
I’m a pioneer, a leader
I’m making history
The revolution has begun!

You can make history too!
Believe it is possible to solve your problem. Tremendous things happen to the believer. So believe the answer will come. It will!
- Norman Vincent Peale
You have to believe in yourself, that’s the secret. Even when I was in the orphanage, when I was roaming the street trying to find enough to eat, even then I thought of myself as the greatest actor in the world.

Charlie Chaplin - was an English comedy actor. Chaplin became one of the most famous performers as well as a notable director and musician in the early to mid Hollywood cinema era.

Anybody can do just about anything with himself that he really wants to and makes up his mind to do. We are all capable of greater things than we realize.

Norman Vincent Peale
Remember that belief is the fire that creates the steam that turns the wheel of fortune – upon which your future depends!

I’m going to keep the fire burning!
“Believe that life is worth living, and your belief will help create the fact.”

William James -
was a pioneering American psychologist and philosopher.

********************

It is not so much what you believe in that matters, as the way in which you believe it and proceed to translate that belief into action.

Lin Yutang -
was a Chinese writer and inventor whose original works and translations of classic Chinese texts into English became very popular in the West.

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Chapter 4
BELIEF ABOUT POVERTY

Money is human kind’s greatest invention. Money doesn’t discriminate. Money doesn’t care whether a person is poor, whether a person comes from a good family, or what his skin color is. Anybody can make money.
Takafumi Horie

********************
It’s easy to have principles when you’re rich. The important thing is to have principles when you’re poor.

**Ray Kroc -**
McDonalds Corporation Founder
Famous for: Giving the world fast food with the spread of McDonalds.

I wanted to win to feed the hungry people of my community. I didn’t want to win to buy a diamond. I didn’t have no diamonds then. I didn’t want to win to buy a car, I didn’t want to win to bring a couple of chicks downtown to a hotel. I wanted to win to feed the poor people of the community.

**Mr T -**
Actor and Entertainer
Famous for: being the host of the “I Pity the Fool” reality television program, for his role on the A Team program, and his role in the Rocky movies.
I won’t be pulled down into mediocrity or poverty! I believe in myself and my abilities. I’m going to make it! I’m determined to carry on!

He won’t give in!

...neither should you!

PULL

PULL

PULL

PULL

MEDIOCRITY
I don’t think of myself as a poor deprived ghetto girl who made good. I think of myself as somebody who from an early age knew I was responsible for myself, and I had to make good.

Oprah Winfrey - Talk Show Host, Actress & Pioneer (The Oprah Winfrey Show) Coming from an abusive upbringing to be one of Americas most wealthy and successful women.
I have come to believe, deeply and firmly, that we can create a poverty free world if we want to. I came to this conclusion not as a product of a pious dream, but as a concrete result of experience gained in the work of the Grameen Bank.

Muhammad Yunus - Grameen Bank Founder.

Being know as the banker to the poor with his pioneering efforts in Microcredit or Microfinance where the poorest people of society are encouraged rise above poverty.
I believe that I was lucky to have suffered. Some people don’t realize that in suffering there is great potential, because if you are deprived for any reason.. politically, financially, socially or otherwise.. and if you set your mind in the right direction, you will find that the only way to survive is for you to excel, by being better so you can be treated better.

Talal Abu-Ghazaleh -
is the Chairman and Founder of international Jordan-based group Talal Abu-Ghazaleh Organization (TAGorg). Dubbed as the godfather of Arab accounting.
Chapter 5
BELIEF IN RICHES

It is hope in this wider sense which enabled my father to build, from scratch, one of India’s largest modern enterprises. His was an undertaking powered by hard work, initiative, self-belief but, above all else, the capacity, as he would often say, “to dream with your eyes wide open”.

Anil Ambani
I teach something called The Law of Probabilities, which says the more things you try, the more likely one of them will work. The more books you read, the more likely one of them will have an answer to a question that could solve the major problems of your life. make you wealthier, solve a health problem, whatever it might be.

Jack Canfield
DON’T FORGET...
SELLING IS CONSISTENTLY
AND CONTINUOUSLY HARD WORK...
BUT THE REWARDS REFLECT
THIS - THE SKY IS THE LIMIT
WHEN YOU BELIEVE IN YOURSELF
...YOU SET THE SALARY!
A man is what he thinks about all day long.

**Ralph Waldo Emerson** - was an American essayist, poet, and leader of the Transcendentalist movement in the early nineteenth century.
It's the road to success!

- Determination
- Self Belief
- Knowledge
- Expectation
- Faith
- Right Attitude
- Self Esteem

Put your foot on the gas!
Chapter 6
BELIEF ABOUT YOUR OWN ABILITIES.

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Scientists have proven that it’s impossible to long-jump 30 feet, but I don’t listen to that kind of talk. Thoughts like that have a way of sinking into your feet.

Carl Lewis -
American track and field athlete who won 10 Olympic medals including 9 golds.

Believe in yourself! Have faith in your abilities! Without a humble but reasonable confidence in your own powers you cannot be successful or happy.

Norman Vincent Peale
WE HAVEN'T GOT ANY EXPERIENCE... WE'LL NEVER HAVE A HIT RECORD!

WE DON'T WRITE COMMERCIAL SONGS!

NOBODY WILL EVER GIVE US A BREAK!

WE'LL NEVER MAKE IT... WE'RE NOT GOOD ENOUGH TO GET A RECORD DEAL!

WE HAVEN'T EVEN GOT A NAME!

HOW ABOUT SELF-LIMITING-BELIEFS!?!?

YOU'VE GOT TO BELIEVE IN YOURSELF AND YOUR ABILITIES!
I believe through learning and application of what you learn, you can solve any problem, overcome any obstacle and achieve any goal that you can set for yourself.

**Brian Tracy** -
is the most listened to audio author on personal and business success in the world today.

************************************************

Believe in yourself! Have faith in your abilities! Without a humble but reasonable confidence in your own powers you cannot be successful or happy.

**Norman Vincent Peale**
THINK POSITIVE...I CAN SCORE HERE!

REMEMBER, NOTHING IS IMPOSSIBLE...

...IF YOU BELIEVE IN YOURSELF AND YOUR ABILITIES!
God didn’t have time to make a nobody, only a somebody. I believe that each of us has God-given talents within us waiting to be brought to fruition.

**Mary Kay Ash** -
was a U.S. businesswoman and the founder of Mary Kay Cosmetics

***

Without self-belief you will never achieve anything remotely close to what you are capable of. With it you can achieve more than you may currently believe is possible.

**Gary Vurnum** -
Personal development author and ezine publisher. Online and offline marketer.

***

Hard work alone will not bring success. The world is filled with people who have worked hard but have little to show for it. Something more than hard work is necessary: it is creative thinking and firm belief in your ability to execute your ideas.

**Claude Bristol**
When negative thoughts try to creep into your mind, cast them out with positive affirmations!

I’m a winner. I believe in myself and my abilities!

Come on, you’re feeling down everything is going wrong...

It’s Captain Positive!
Along with a strong belief in your own inner voice, you also need laser-like focus combined with unwavering determination.

- Larry Flynt
Chapter 7
RIGHT BELIEFS

Life’s races aren’t always won by the biggest, the strongest or the fastest. It’s inevitable that one day it will be won by the person WHO BELIEVES HE CAN!
Believe it can be done. When you believe something can be done, really believe, your mind will find the ways to do it. Believing a solution paves the way to solution.

**Dr. David Schwartz**

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I believe that being successful means having a balance of success stories across the many areas of your life. You can’t truly be considered successful in your business life if your home life is in shambles.

**Zig Ziglar**

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I'M AN INCURABLE OPTIMIST!

EVERYTHING IS GOING WELL!

I'M PLAYING BRILLIANT AT THE MOMENT!

I WILL FULFIL MY DREAMS!

I'M AN EXTREMELY CREATIVE PLAYER!

I AM A SUCCESS!

THE WORLD IS GREAT!
I FEEL GREAT!

EVERYBODY WANTS ME IN THEIR TEAM!

I'M A WINNER!

I BELIEVE SOMETHING WONDERFUL IS GOING TO HAPPEN TODAY!
Believe Big. The size of your success is determined by the size of your belief. Think little goals and expect little achievements. Think big goals and win big success. Remember this, too! Big ideas and big plans are often easier - certainly no more difficult - than small ideas and small plans.

**David J. Schwartz** -
Long regarded as one of the foremost experts on motivation.

The mind is the limit. As long as the mind can envision the fact that you can do something, you can do it - as long as you really believe 100 percent.

**Arnold Schwarzenegger**
THE INGREDIENTS FOR SUCCESS...

PUT THEM ALL TOGETHER AND YOU'LL GET THERE!
First, think.
Second, believe.
Third, dream.
And finally, dare.

Walt Disney -
was an American film producer, director, screenwriter,
voice actor, animator, entrepreneur, and philanthropist.

************************
BELIEF!

IF YOU TRULY BELIEVE YOU CAN BEND THAT FREE KICK AROUND THAT WALL - YOU WILL ACHIEVE IT!

I KNEW I COULD DO IT!

I TRULY BELIEVE IN MYSELF AND MY ABILITIES!
Chapter 8
WRONG BELIEFS

Don't hold onto negative beliefs! Let go! Let go! Let go now!
I’m useless! I’ll NEVER be any good. I’ve got no confidence. I’m a defeatist. I can’t do this, I can’t do that! I’ll NEVER be fit enough, strong enough or fast enough. I’ll NEVER make the grade. I’ll NEVER win a match. I’ll NEVER win any trophies or titles or be part of a winning team. I haven’t any talent! Mr. Negative, that’s me! I’m a LOSER of the highest degree.

I’m OFF! I don’t want him dragging me down to his level, I’m a WINNER for heavens sake!

©Richard Duszczak CartoonMotivators.com
THE DAY YOU STOP MAKING EXCUSES - IS THE DAY YOU START ON YOUR WAY TO THE TOP!

It's too high, the air is too thin at the top, I won't be able to breath. It's too slippy, I could fall and break my neck... I don't like heights anyway... The clouds might get on my chest!
POSITIVE BELIEFS IN HISTORY No.1
George just before he slayed the dragon...

I BELIEVED I could slay this dragon! I BELIEVED I could win! Anything is possible!

I had the wrong attitude...I wasn't up for it today, I felt weak, I had a cold, I didn't sleep very well last night...

Whether you think you can or thing you can't - you are right!
Henry Ford
I believe I don’t belong here,
I believe I am unwanted,
I believe I’m unwelcome,
I believe I don’t fit in anywhere,
I believe I don’t exist,
I believe I’m unimportant and
I believe I should not be on this planet at all.

**Sid Gatt** -
(Really is a sad git)
IF YOU BELIEVE YOU CAN DO IT... YOU CAN DO IT!

I'll never get any better...My age is a problem...I'm not fit enough... Everyone beats me... I'm a loser...I haven't got natural ability... I can't see myself beating anyone. It must be time to pack the game up!

I keep picking up new ideas to try...Players my age have won competitions... I can and will improve my level of fitness... I'll improve until I start beating them... I'm a winner... I'm improving in all areas of my game... Tomorrow is another day... I've got another game to focus on!
Chapter 9

POWER OF BELIEF IN SALES

Wise Words
Life’s too short to sell things you don’t believe in.

**Dr. Patrick Dixon** -
Dr Patrick Dixon is a business thinker. He is often described in the media as Europe’s leading futurist and has been ranked as one of the 20 most influential business thinkers alive today.
Your sanity saved by stress-free cartoon service!

********************

You do not have to be superhuman to do what you believe in.

**Debbi Fields** -
is the founder and current spokesperson of Mrs. Fields Cookies.

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You have to do what others won’t.
To achieve what others don’t.

**Anonymous**
MY TO DO LIST...

- Become a BRILLIANT salesperson!

- Take Over The World!

In belief there’s power. Our eyes are opened, opportunities present themselves and our visions become realities!
You have to perform at a consistently higher level than others. That’s the mark of a true professional.

**Joe Paterno** -
is the head coach of Pennsylvania State University’s college football team

Success seems to be connected with action. Successful people keep moving. They make mistakes, but they don’t quit.

**Conrad Hilton** -
was an American hotelier and founder of the Hilton Hotel chain.
I’m the sales champion of my organisation!

There were some highs and lows along the way - but we got there because of our belief!
Success isn’t a result of spontaneous combustion. You must set yourself on fire.

Arnold H. Glasgow

The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack of will.

Vincent T. Lombardi

I’m a star! I make appointments! I keep appointments! I make sales! I can do this job! And I do it well because I’m a star!
SALES MANAGER

WHAT SORT OF THINGS WOULD I WANT MY TEAM TO BELIEVE?

MY APPEARANCE INSPIRES CONFIDENCE!
I INSPIRE CONFIDENCE!
I DEMONSTRATE CONFIDENCE AND ENTHUSIASM!
I'M COURTEOUS,
I'M FRIENDLY,
I'M VERY KNOWLEDGEABLE ABOUT MY PRODUCT/SERVICE!
I COULD SELL TEA TO CHINA!
I COULDN'T CARE MORE!

I COULDN'T CARE LESS!
I STINK OF LAST NIGHTS BEER AND CURRY!
I LIKE BEING SLOPPY AND UNKEMPT! I LIKE TO DRESS CASUALLY - I'M COMFORTABLE IN CASUAL CLOTHES! TAKE ME FOR WHAT I AM, OR LEAVE IT!
IF THE PRICE IS RIGHT THEY'RE NOT BOtherED ABOUT MY APPEARANCE, ARE THEY!?
CUSTOMERS LIKE ME BEST!
I’M ALWAYS SMILING,
I’M ALWAYS POSITIVE,
I SPREAD HAPPINESS!

I’M ALWAYS BUSY,
I’M FULL OF ENERGY,
I’M BUSTLING!

I’M URGENTLY SEEKING SALES, I WORK SMART,
I DRESS SMART,
I DRESS FOR SUCCESS!
I BELIEVE IN MYSELF!
I AM THE BEST!

You have to BELIEVE in yourself!

He's a HIGH achiever!?
Chapter 10
POWER OF BELIEVING.

The mind is the limit. As long as the mind can envision the fact that you can do something, you can do it -- as long as you really believe 100 percent.

Arnold Schwarzenegger -
Austrian-American bodybuilder, actor, and politician, currently serving as the 38th Governor of the U.S. state of California.

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Believe it can be done. When you believe something can be done, really believe, your mind will find the ways to do it. Believing a solution paves the way to solution.

Dr. David Schwartz
What the mind of man can conceive and believe, the mind of man can achieve.

Napoleon Hill

"I knew I could do it!"

"It's moving, it's moving!"
There are many qualities that make a great leader. But having strong beliefs, being able to stick with them through popular and unpopular times, is the most important characteristic of a great leader.

**Rudy Giuliani** -
American lawyer, businessman, and politician from the state of New York. Formerly Mayor of New York City.

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If you believe that some day it’s going to happen, some day it probably will happen. You just have to make sure you’re there when it’s happening, and ideally you’re at the front of the parade, and the principle beneficiary of when it happens, but it’s not a kind of thing where you just sort of sit back and wait.

**Steve Case** -
is a businessman best known as the co-founder and former chief executive officer and chairman of America Online (AOL).
B IS FOR BELIEF

IF YOU BELIEVE YOU CAN’T YOU WON’T...
IF YOU BELIEVE YOU CAN YOU WILL!

I KNEW I COULD DO IT!

I’M TOO OLD...

I CAN’T MAKE IT!
Nurture your mind with great thoughts.
To believe in the heroic makes heroes.
Benjamin Disraeli

See, if I focus and believe in reaching my goal I can get there no matter how difficult the way is!
For the 153rd time...

I've cracked it... so can you!

If at first you don't succeed – try try and try again!
Believe it is possible to solve your problem. Tremendous things happen to the believer. So believe the answer will come. It will.

Norman Vincent Peale

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I found that I could find the energy ... that I could find the determination to keep on going. I learned that your mind can amaze your body, if you just keep telling yourself, I can do it ... I can do it ... I can do it!

Jon Erickson
Thought for the day: What the mind can conceive it can achieve! I can do it, I can do it, I am positive and I believe I can do it!
Change can either challenge or threaten us... Your beliefs pave your way to success or block you.

**Marsha Sinetar** -
is an organizational psychologist, mediator, and writer who for the past several years has been increasingly immersed in the study of self-actualizing adults.

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ROADBLOCKS TO SUCCESS?

FEARS
LOW SELF-ESTEEM
YOUR AGE
FAMILY HISTORY
POOR EDUCATION
LACK OF SKILLS
INHIBITIONS

It's no good...

You just have to smash through these barriers!

I always believe - where there's a will there's a way!
Believe nothing just because a so-called wise person said it. Believe nothing just because a belief is generally held. Believe nothing just because it is said in ancient books. Believe nothing just because it is said to be of divine origin. Believe nothing just because someone else believes it. Believe only what you yourself test and judge to be true.

[paraphrased]
BUDDHA

Believe it can be done. When you believe something can be done, really believe, your mind will find the ways to do it. Believing a solution paves the way to solution.

David J. Schwartz

*************
OK! OK!
So the odds are stacked against me...
...no sweat!
...no problem!
I'm determined to succeed!
I have the power,
I know I can achieve anything!
B E C A U S E I T R U L Y B E L I E V E I T !
FOUR MINUTE MILE - IMPOSSIBLE!

Napoleon Hill in his classic book “Think and Grow Rich” mentioned that whatever a mind can conceive and believe, it can achieve.

Roger Banister was the first man to run the mile in under four minutes. It was believed for years that it is humanly impossible to run a distance of 1 mile in less than four minutes and true enough, nobody did it, in spite of the best efforts all of the mile runners. Many of them tried but failed in their attempts, as it was believed that it was impossible.

After the devastation of his failure at the 1952 Olympics, coming home forth, Bannister spent two months deciding whether to give up running. He decided on a new goal: To be the first man to run a mile in under four minutes. Accordingly, he intensified his training and did hard intervals.

In 1954, Roger Banister proved it wrong. Not only did
run a distance of 1 mile in 4 minutes. His time was 3 min 59.4 seconds to be exact, but he also broke the mental barrier. The mental barrier was the belief many people were subscribing to. What happened after that is interesting. Just 46 days later on June 21 in Turku, Finland, Bannister’s record was broken by his rival John Landy of Australia, with a time of 3 min 57.9 s, which the IAAF ratified as 3 min 58.0 s due to the rounding rules then in effect. The very first year after Roger Banister proved it wrong, there were 37 others who did break the four minute-mile barrier. And the next year there were about 300 people who did the same. What had changed? Better coaching? More sophisticated diets? Was it the kind of training? NO. What had changed was just the belief people had. Once Roger Banister did it, people were given a new belief, that it’s really possible to run a mile in under four minutes.

I believe I can do it now!
ABOUT THE AUTHOR...

Richard Duszczak (Pronounced Du-shack!) is a reasonably well known cartoonist in the United Kingdom, on a mission to become a reasonably well known cartoonist in the world. (And when he achieves that he’ll up his goals to become a EXTREMELY WELL KNOWN cartoonist in the Universe..etc etc.!) He doesn’t confess to be a Motivational Guru, but he has read all the books and listened to the tapes by the truck load: Napoleon Hill’s Think and Grow Rich was the one that set him on the road to success so to speak. Others followed...Clement Stone, Og Mandino, Zig Ziglar, Norman Vincent Peale, Earl Nightingale, Brian Tracey, Dennis Waitley, Anthony Robbins, Wyne Dyer, Stephen Covey, David Schwartz, Peter Thompson and many more. So he’s had extremely good teachers!

Richard is a self taught cartoonist who used cartoon illustrated affirmations to motivate himself to carry on when rejection of his work followed rejection. Starting out without any graphic arts experience back in 1982, he learnt everything he knows from reading books and taking action. You could say he graduated from the College of Hard Knocks. (And he did take some knocks as his work was pretty poor when he first started!) But with sheer determination, hard work, perseverance and more hard work he began to make a living as a cartoonist. His lifelong dream.
WHAT SOME PEOPLE HAVE SAID ABOUT THIS BOOK AND THE AUTHOR...

Working with Richard in my training workshops has been a real delight. His ability to capture the main points of the discussions and translate these into superbly drawn and intensely humorous cartoon summaries is awesome. I distribute his cartoons as a summary of the workshops and I know that many of the participants hang them on their walls or put them on their desks. They certainly don’t do that with my written notes!

**Dan Heany** MD of Change Function Ltd
http://www.changefunction.co.uk

‘Working with such a fine cartoonist as Richard, he has always captured my ideas far beyond my greatest expectations. Humour is one of the greatest environments in which you can learn some of your greatest lessons. So with the humour exuding from Richard’s cartoons and the seriousness of some of my writing that accompanies them, we produced a perfectly combined motivator.

**Peter Sinclair** - Motivational Memo - Australia
http://www.motivationalmemo.com

“I can’t remember how I came across Richard and his work, but I’m very glad that I did. Working with Richard was incredibly easy. He immediately got both the idea and the essence of what I wanted and captured it perfectly in the cartoons. What’s more, he delivered far more quickly than I could have asked for. It was fun. I’ll definitely work with Richard again if I get the opportunity.”

**Veronica Lim** http://www.veronicalim.com
“Richard Duszczak is one of those rare artists who is able to get into the mind of the writer, and take the essence of a page, and make the most important point come to life in a cartoon. As someone who writes self-improvement material for a living which is based purely on my own experiences, it amazed me that Richard was able to arrive at exactly the right impression in cartoon form that I wanted to give with my articles. Richard’s cartoons added a new dimension to my work, and I can’t recommend what he does highly enough.”
- Gary Vurnum, Self-improvement author and speaker
http://www.oursuccesspartnership.com
TESTIMONIALS....
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They are also available in full colour or black and white for presentations, colour magazines and to illustrate articles.

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“Keeping you motivated and inspired on your way to success!”
THE SERVICES THE AUTHOR PROVIDES
*Creative facilitation - will sit in on your conference, workshop or seminar and illustrate the main points. A unique, visual add-on-value, to any event.
*Illustrate your manuals with suitable cartoons.
*Keep your audience awake by adding eye catching cartoons to your PowerPoint presentations.
*Liven up your sales materials.
* Cartoon calendars, postcards, posters and other merchandise.
*Create company cartoon characters to your brief.
*Supply caricatures from photographs. (Leaving gifts or for presentations.)
*Can even teach you to draw cartoons!

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YOU - YES, YOU HAVE WHAT IT TAKES! *

YOU HAD BETTER BELIEVE IT!

*Zig Ziglar