



Lupus Testing

There is no all-inclusive blood test for lupus. There are several tests which doctors use to diagnose and monitor lupus activity, as well as assess response to certain medications.

Lupus Blood Tests

There are several blood tests that can be used to detect specific auto-antibodies and help make a lupus diagnosis. These blood tests are not conclusive by themselves, but combining the tests with clinical symptoms can help make a diagnosis.

Antiphospholipid Antibodies

About 50% of individuals with lupus possess antiphospholipid antibodies. These are antibodies directed against phosphorus-fat components of your cell membrane called phospholipids, certain blood proteins that bind with phospholipids, and the complexes formed when protein and phospholipids bind.

Screen Laboratory Tests

These tests provide the starting point of any medical diagnosis. By comparing your results to the normal values for your age, sex, and personal circumstances, your doctor can monitor changes in your disease activity and overall health.

Other Clinical Tests

Clinical tests allow your physicians to monitor changes in lupus activity and the effectiveness of your medications.

Source: The John Hopkins Lupus Center

