

The Nestling Druid

Volume 2 Issue 1: Ostara 2014



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Letter from the ArchDruid

Greetings Everyone,

Welcome Back to the Nestling Druid!

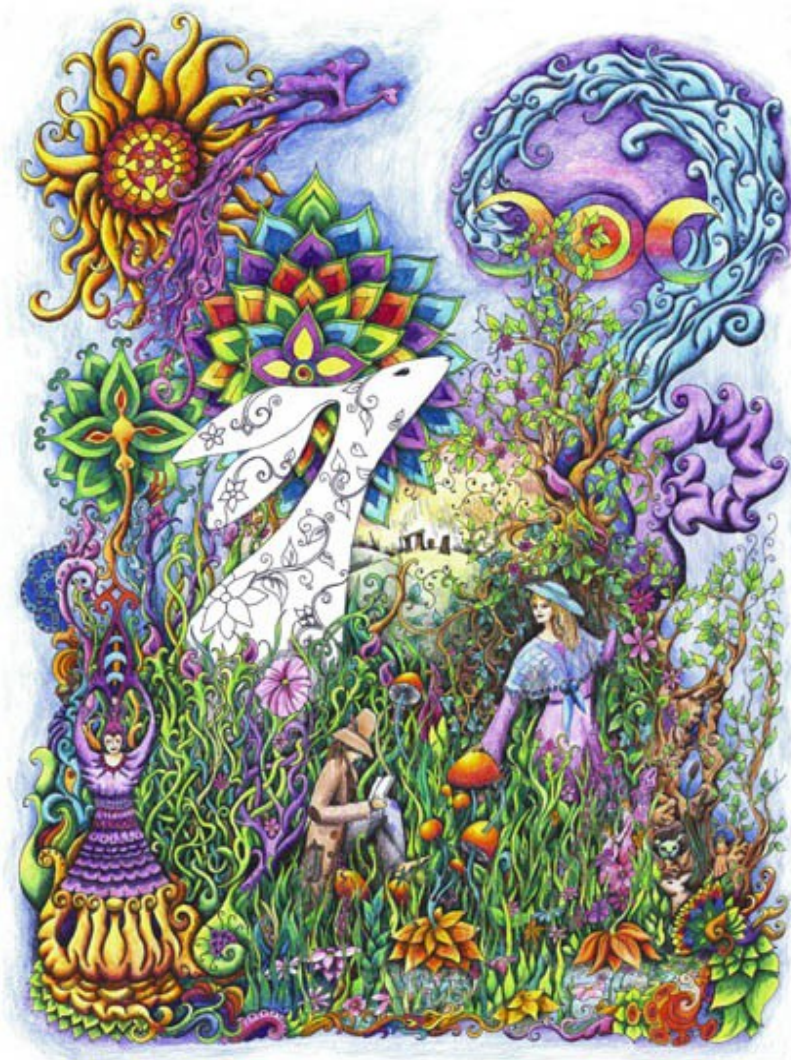
The unfortunate lack of publications is without any real reason nor cause aside from my own over-ambition and desire for perfection with this magazine. For this, I do ask for forgiveness and understanding as we move forward.

Ostara brings renewal to Earth Mother. My hopes are to capture this energy and to bring back this magazine. I have gained the assistance of my beautiful wife, as editor, to aid in bringing forth the lively new energy.

I hope that you enjoy it.

Brightest Blessings & May You Never Thirst,
Rev. Jeffrey Carlier II
Founding Publisher

For questions, comments, concerns please write to
The.Nestling.Druid@gmail.com or
post at <https://www.facebook.com/The.Nestling.Druid>



Ostara-Spring Poem

As the days get longer, and spring begins to bloom,
the earth goddess gets ready for the new cycle of her womb.

Creatures start to stir, and birds begin to sing,
when you see new growth, you know it's surely spring.

Children play and the scent of sweet bread fills the air,
they run and laugh as they wait for the March hare.

They chase him to find the eggs that he has hidden,
hoping that they are filled with chocolates and not ribbon.

This is the time for new beginnings and for things anew to grow,
a time to feel the love from our goddess, for through our body it flows.

Ostara 2014

T D R G C L I F E X G N G T B
R G A R D E N C H W T J F A N
E S I R L R A I N B O W I K L
E N N T O H Z U M B R E L L A
S U N S H I N E A J U Y U X V
A E W B U M B L E B E E D A S
Y B G G O D D E S S P K L R Y
F O D G E B L O O M S F E Y P
N S J A S L L U G R O W I N G
Q T B K Y W A V W A O Y E G V
Y A H H H P D J G L L O V E D
R R B S X K Y E F M I E U Q I
O A Z O E N B U T T E R F L Y
H A R E U L U A Q N S M T O U
Q E A R T H G D P A P S I H C

BLOOMS RAINBOW
BUMBLEBEE SUNSHINE
BUTTERFLY TREE
EARTH UMBRELLA
EGGS
FLOWERS
GARDEN
GODDESS
GROWING
HARE
LADYBUG
LIFE
LOVE
OSTARA
RAIN

Breathing Meditation Exercise

I'd like to begin by having everyone take a big breath or two, and to let it out slowly to release all tension and thoughts so we can begin this exercise relaxed and focused.

With a focused blank mind, take another breath. As it comes into your body image that your heart is a garden. With taking in this breath see that the breath pulls out the weeds of negativity and troubles, and with the exhale see that the weeds and roots let go of your heart and soul, leaving a fresh empty garden behind.

With the next inhale see that as you take in your breath that you are sowing seeds of love, peace, and happiness into your garden. Bringing in all the good and positive you wish to receive within the next solstice cycle.

As you exhale imagine that the out going breath is watering and nurturing you seeds so they sprout and flourish bringing you all that you sowed.

When you focus on the good, and forget about the bad, we allow it to fully bloom and bring joy into our lives. Even if it is 5 minutes, everyday we should sit and water and nurture our heart garden of good and weed out the negative.

In closing, bring light into your garden so as you go about your day, your seeds continue to grow up and reach as high as they can, giving them the strength you carry you to peace.

Nini's Nummies

Banana Nut Bread Cake

1 (16oz) box of yellow cake mix

3 large eggs

1/3 cup of oil

1 cup of water

3 ripened bananas

1 (8oz) bag of chopped walnuts (optional)

Preheat the oven to 350* F

Mash up the three bananas and set aside. In a separate bowl mix cake mix as directed with eggs, water and oil. Combine the cake mix and banana mash and stir together. Add chopped walnuts and mix enough to incorporate.

Pour mixture into a greased 9x13 pan and bake for 25-28 minutes or until inserted toothpick comes out clean.

Let cool completely and enjoy as is or cover with chocolate or cream cheese frosting for added yumminess.



Shaving Cream Colored Eggs

Glass pan

A few cans of shaving cream

Food coloring (dark colors such as blue and purple work best)

Hard boiled eggs

Spray a can of shaving cream out into a glass pan, and drip in desired colors of food coloring. You may need a few pans to do different colors, and feel free to add 2-3 colors to one pan for a cooler looking egg. Put just a few drops scattered around not too close together. Swirl food color in with shaving cream with a toothpick, but do not mix completely if you want a swirled effect. Roll Hard boiled around in the shaving cream mixture. Don't roll too much, the shaving cream swirls you see will soak on to the egg. Set on egg stands or back into carton and let dry for 10-15 minutes. Wipe away left over shaving cream with a lightly damp paper towel and eggs should be colored.



News from our corner

This past Samhain brought change to the grove and area alike.

The Circle of Flowing Truth saw the election of a new Clerk and Server. It's my pleasure to announce Dru. Dalton Carlier as Grove Clerk and Dejah Carlier, OYD as Grove Server.

The Missionary Order of the Celtic Cross (MOCC) saw it's first presence in the area arrive at Samhain with the nomination and subsequent investiture of Rev. Jeffrey Carlier II as Convocationry ArchDruid.

These acts restored the ten year dormant Kingman, Az Convocationry and re-established it in Bullhead City, Az.

This Ostara stands as a testament to the timing of the MOCC Convocation's return as it will be celebrated with the first cooperative ritual amongst four pagan oriented groups of the Bullhead City / Laughlin area.

As always for the most up to date information visit:

Circle of Flowing Truth -

<https://www.facebook.com/CircleofFlowingTruth>

&

MOCC Bullhead City Convocationry -

<https://www.facebook.com/groups/557773450978680/>